## Menopause Matters

Every woman deserves to navigate perimenopause and menopause with confidence.

You're invited to a conversation with experts in the field about managing symptoms, treatment options, and advocating for yourself in the workplace, healthcare settings, and beyond.

Sunday, October 12 | 1-3 p.m.

Trinity United Church of Christ 400 West 95th Street Chicago, IL 60628

**RSVP** 

MenopauseMattersTrinity.eventbrite.com









